



# SHOTOKAN KARATE-DO of UNITED NATIONS

## SKDUN European/World Karate Championship

Brown and Black belts only (3<sup>rd</sup> Kyu and above)

### CATEGORIES AND RULES

#### INDIVIDUAL KATA

<b>001. CHILDREN, 10 – 11 years male, 3 kyu – Dan.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>002. CHILDREN, 10 – 11 years female, 3 kyu – Dan.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>003. MINICADETS, 12 – 13 years male, 3 – 1 Kyu.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>004. MINICADETS, 12 – 13 years male, Dan grades.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>005. MINICADETS, 12 – 13 years female, 3 – 1 Kyu.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>006. MINICADETS, 12 – 13 years female, Dan grades.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>007. CADETS, 14 – 15 years male, 3 – 1 Kyu.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>008. CADETS, 14 – 15 years female, 3 – 1 Kyu.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>009. JUNIORS, 16 – 17 years male, 3 – 1 Kyu.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>010. JUNIORS, 16 – 17 years female, 3 – 1 Kyu.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>011. + 18 YEARS SENIORS male, 3 – 1 Kyu.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>
<b>012. + 18 YEARS SENIORS female, 3 – 1 Kyu.</b>	<b>Elimination kata: Shitei kata + Tekki Shodan</b>

**Kata rules for categories: 001 - 012:** All rounds by points system (Tensu hoshiki).

Limit of participation: 2 competitors per country per category

The competitors in each category will compete in the elimination rounds down to 8 competitors (semi-final round), then down to 4 (final round).

Two competitors at the same time in elimination rounds, AKA / SHIRO.

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

**Elimination rounds** – Shitei kata: **Heian Shodan, Nidan, Sandan, Yondan, Godan and Tekki Shodan**

**Semi-final round (top 8 competitors)** will perform Tokui kata, their choice from **Heian Godan, Tekki Shodan, Bassai Dai, Kanku Dai, Jion, Empi, Hangetsu.**

**Final round** (top 4 competitors) the competitor can perform any of the 26 kata in the SKDUN Shotokan syllabus except any kata that has been performed in the elimination rounds and semi-final.

- 013. CADETS, 14 – 15 years male, Dan grades.
- 014. CADETS, 14 – 15 years female, Dan grades.
- 015. JUNIORS, 16 – 17 years male, Dan grades.
- 016. JUNIORS, 16 – 17 years, female, Dan grades.
- 017. YOUTHS, 18 – 20 years, male, Dan grades.
- 018. YOUTHS, 18 – 20 years, female, Dan grades.
- 019. SENIORS, Over 21 years male, Dan grades.
- 020. SENIORS, Over 21 years female, Dan grades.
- 021. VETERANS, 36 – 39 years male, Dan grades.
- 022. VETERANS, 36 – 39 years female, Dan grades
- 023. VETERANS, 40 – 44 years male, Dan grades.
- 024. VETERANS, 40 – 44 years female, Dan grades.
- 025. VETERANS, 45 – 49 years male, Dan grades.
- 026. VETERANS, 45 – 49 years female, Dan grades.
- 027. VETERANS, 50 – 54 years male, Dan grades.
- 028. VETERANS, 50 – 54 years female, Dan grades.
- 029. VETERANS, 55 – 59 years male, Dan grades.
- 030. VETERANS, 55 – 59 years female, Dan grades.
- 031. VETERANS, 60 – 67 years male, Dan grades.
- 032. VETERANS, 60 – 67 years female, Dan grades.
- 033. VETERANS, over 68 years male, Dan grades.
- 034. VETERANS, over 68 years female, Dan grades.

**Kata rules for categories: 013 – 034, Dan grades:** All rounds by points system (Tensu hoshiki).

Limit of participation: 2 competitors per country per category

The competitors in each category will compete in the elimination rounds down to 8 competitors (semi-final round), then down to 4 (final round).

Two competitors at the same time in elimination rounds, AKA / SHIRO.

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

Elimination rounds for:

**CADETS:** Sentei kata: **Bassai Dai, Empi and Jion**

**JUNIORS** and **YOUTHS:** Sentei kata: **Bassai Dai, Empi, Jion and Kanku Dai**

**SENIORS** and **VETERANS:** Sentei kata: **Bassai Dai, Empi, Jion, Kanku Dai and Hangetsu**

Semi-final (top 8 competitors): **Tokui kata** (see the approved kata list for the competitor grade)

Final round (top 4 competitors) the competitor can perform any of the 26 kata in the SKDUN Shotokan syllabus except any kata that has been performed in the elimination rounds and semi-final.

For choice of Tokui kata see the approved kata list appropriate to the competitors age and grade (the list can be found in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>)

**Kata rules for Asai ha Shotokan ryu:** All rounds Tokui kata by points system (Tensu hoshiki).

**035. Asai ha Shotokan ryu kata (14 – 17 years) JUNIORS male**

**036. Asai ha Shotokan ryu kata (14 – 17 years) JUNIORS female**

**037. Asai ha Shotokan ryu kata (Over 18 years) SENIORS male**

**038. Asai ha Shotokan ryu kata (Over 18 years) SENIORS female**

Limit of participation: 2 competitors per country per category.

The competitors in each category will perform Tokui kata in one elimination round down to semi-final of 8 competitors (one competitor at a time).

In the semi-final, these 8 competitors will perform different Tokui kata (their choice from the approved list), the 4 competitors with the highest scores will perform a different Tokui kata in the final round (for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> medal place).

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

## **KATA TEAMS**

All rounds by point system (Tensu hoshiki).

Elimination rounds – Tokui kata.

The Tokui kata for the elimination round must be selected from the approved list and be appropriate for the lowest grade in the team

Final round (top 4 teams) Teams can perform any of the 26 kata in the SKDUN Shotokan syllabus, different than elimination round.

In the case of a draw, teams must perform a different kata to the ones performed in previous rounds.

Limit of participation: 2 teams per country are accepted in each category.

*For choice of Tokui kata see the approved kata list appropriate to the competitors age and grade in the SKDUN Rulebook: <http://www.skdun.org/competition-rules/rule-book/>*

**CADET TEAMS (Minicadets + Cadets), 12 – 15 years.**

**039. CADET MALE**

**040. CADET FEMALE**

**041. CADET MIXED**

Cadet team may include one competitor from children category (10-11 years old)

**JUNIOR TEAMS (Juniors + Youths), 16 – 20 years**

**042. JUNIOR MALE**

**043. JUNIOR FEMALE**

**044. JUNIOR MIXED**

Junior team may include one competitor from cadet category (12-15 years old)

**SENIORS TEAMS (Over 21 years)**

**045. SENIOR MALE**

**046. SENIOR FEMALE**

**047. SENIOR MIXED**

Senior team may include one competitor from junior category (16-20 years old)

**VETERANS TEAMS (Over 36 years)**

**048. VETERAN MALE**

**049. VETERAN FEMALE**

**050. VETERAN MIXED**

## KUMITE INDIVIDUAL: IPPON SHOBU

**Kumite rules:** Ippon Shobu (2 waza-ari or 1 Ippon) for all categories.  
Senior individual kumite, Male and Female finals – Sanbon Shobu.

Duration of matches is specified for each age group.

Limit of participation: 2 competitors per country per category

Note: Competitors who compete in Shobu Ippon Jiyu Kumite can also participate in Sanbon Shobu and Jiyu Ippon Kumite categories

### **CHILDREN 10 – 11 years, 1 minute 30 seconds**

**051. Male -34 kg    052. Male -40 kg    053. Male +40 kg    054. Female -40 kg    055. Female +40 kg**

### **MINICADETS 12 – 13 years, 1 minute 30 seconds**

**056. Male -38 kg    057. Male -45 kg    058. Male -50 kg    059. Male -58 kg    060. Male +58 kg**  
**061. Female -45 kg    062. Female -53 kg    063. Female +53 kg.**

### **CADETS 14 – 15 years, 2 minutes**

**064. Male -55 kg    065. Male -63 kg    066. Male -70 kg    067. Male +70 kg**  
**068. Female -48 kg    069. Female -55 kg    070. Female +55 kg**

### **JUNIORS 16 – 17 years, 2 minutes**

**071. Male -60 kg    072. Male -68 kg    073. Male -75 kg    074. Male +75 kg**  
**075. Female -52 kg    076. Female -58 kg    077. Female +58 kg**

### **YOUTHS 18 – 20 years, 2 minutes**

**078. Male -70 kg    079. Male -78 kg    080. Male +78 kg    081. Female -58 kg**  
**082. Female +58 kg**

### **SENIORS over 21 years, 2 minutes (final match 3 minutes sanbon shobu)**

**083. Male -70 kg    084. Male -80 kg    085. Male +80 kg    086. Female -58 kg**  
**087. Female +58 kg**

### **VETERANS (36 - 39 years) 2 minutes**

**088. VETERAN Male Open    089. VETERAN Female Open**

### **VETERANS (40 - 44 years) 2 minutes**

**090. VETERAN Male Open    091. VETERAN Female Open**

### **VETERANS (45 - 49 years) 2 minutes**

**092. VETERAN Male Open    093. VETERAN Female Open**

### **VETERANS (50 - 54 years) 2 minutes**

**094. VETERAN Male Open    095. VETERAN Female Open**

**VETERANS (55 - 59 years) 2 minutes**

**096. VETERAN Male Open**

**097. VETERAN Female Open**

**VETERANS (60 - 67 years) 2 minutes**

**098. VETERAN Male Open**

**099. VETERAN Female Open**

**VETERANS (OVER 68 years) 2 minutes**

**100. VETERAN Male Open**

**101. VETERAN Female Open**

Note: Veterans and Youths can also participate in Senior individual category events

**102. MALE CADETS Open category (14 – 15 years) 2 minutes**

**103. FEMALE CADETS Open category (14 – 15 years) 2 minutes**

**104. MALE JUNIORS Open category (16 – 17 years) 2 minutes**

**105. FEMALE JUNIORS Open category (16 – 17 years) 2 minutes**

**106. MALE YOUTHS Open category (18 – 20 years) 2 minutes**

**107. FEMALE YOUTHS Open category (18 – 20 years) 2 minutes**

**108. MALE SENIORS Open category (over 18 years old only) 2 minutes (final match 3 minutes sanbon shobu)**

**109. FEMALE SENIORS Open category (over 18 years old only) 2 minutes (final match 3 minutes sanbon shobu)**

## **KUMITE INDIVIDUAL: SANBON SHOBU**

**Kumite rules:** Sanbon Shobu (6 waza-ari or 3 Ippon) for all categories.

Duration of matches is specified for each age group.

Limit of participation: 2 competitors per country per category

Note: Competitors who compete in Jiyu Kumite Sanbon Shobu can also participate in Jiyu Kumite Ippon Shobu and Jiyu Ippon Kumite.

Countries that have **Children, Minicadets and Cadets competing in Sanbon Shobu MUST also register competitors in Jiyu Ippon Kumite**, according with the number of competitors admitted per country.

**CHILDREN 10 – 11 years, 1 minute 30 seconds**

**110. Male -34 kg**

**111. Male -40 kg**

**112. Male +40 kg**

**113. Female -40 kg**

**114. Female +40 kg**

**MINICADETS 12 – 13 years, 1 minute 30 seconds**

**115. Male -38 kg**

**116. Male -45 kg**

**117. Male -50 kg**

**118. Male -58 kg**

**119. Male +58 kg**

**120. Female -45 kg**

**121. Female -53 kg**

**122. Female +53 kg.**

**CADETS 14 – 15 years, 2 minutes**

**123. Male -55 kg**

**124. Male -63 kg**

**125. Male -70 kg**

**126. Male +70 kg**

**127. Female -48 kg**

**128. Female -55 kg**

**129. Female +55 kg**

### **JUNIORS 16 – 17 years, 2 minutes**

**130. Male -60 kg**      **131. Male -68 kg**      **132. Male -75 kg**      **133. Male +75 kg**  
**134. Female -52 kg**      **135. Female -58 kg**      **136. Female +58 kg**

### **YOUTHS 18 – 20 years, 2 minutes**

**137. Male -70 kg**      **138. Male -78 kg**      **139. Male +78 kg**      **140. Female -58 kg**  
**141. Female +58 kg**

### **SENIORS over 21 years, 2 minutes (final match 3 minutes sanbon shobu)**

**142. Male -70 kg**      **143. Male -80 kg**      **144. Male +80 kg**      **145. Female -58 kg**  
**146. Female +58 kg**

Note: Veterans and Youths can also participate in Senior individual category events

## **JIYU IPPON KUMITE**

**Jiyu Ippon Kumite rules:** The criteria for judgement is the same as for Jiyu Kumite, but no scores or penalties will be awarded during the match.

The match will comprise of 6 attacks: jodan-zuki, chudan-zuki, mae-geri chudan, yoko-geri kekomi chudan, mawashi-geri chudan or jodan (must state the target), ushiro-geri chudan. The defender will block and counter using **go-no-sen** (any block and counter attack combination). Each attack will be conducted first by aka then shiro i.e. aka attacks jodan-zuki, shiro blocks and counter attacks, then shiro attacks jodan-zuki, aka blocks and counter attacks etc. The decision will be made by Hantei at the end of the match. Competitors who compete in Jiyu Ippon Kumite can also participate in Jiyu Kumite (Ippon Shobu and Sanbon Shobu). In the rare event of Hikiwake, competitors will repeat from Migi Hanmi Gamae with Shiro becoming Tori and initiating the attacks.

<http://www.skdun.org/competition-rules/rule-book/> and demonstration video on SKDUN YouTube channel

<https://www.youtube.com/watch?v=fSsa9N3peEQ&t=243s> part 1 and part 2

<https://www.youtube.com/watch?v=XUBsJqnE1JA&t=31s>

Limit of participation: 2 competitors per country per category.

### **CHILDREN 10 – 11 years**

**147. Male Open Jiyu Ippon Kumite.**      **148. Female Open Jiyu Ippon Kumite.**

### **MINICADETS 12 – 13 years**

**149. Male Open Jiyu Ippon Kumite.**      **150. Female Open Jiyu Ippon Kumite.**

### **CADETS 14 – 15 years**

**151. Male Open Jiyu Ippon Kumite.**      **152. Female Open Jiyu Ippon Kumite.**

### **JUNIORS 16 – 17 years**

**153. Male Open Jiyu Ippon Kumite.**      **154. Female Open Jiyu Ippon Kumite.**

## **MASTERS Competition**

**The most important event on SATURDAY will be the prestigious Masters competition.**

All countries entered shall nominate their best Female and Male competitor over 18 years of age that will compete in Kata and Kumite for the ultimate title of Grand Champion.

This is an elimination competition, competitors compete against each other performing Kata then Shobu Ippon kumite, the competitors are judged against both performances, not necessarily about winning at either Kata or Kumite.

Judgement is by flag system (Kohaku Hoshiki).

**155. MASTERS - SENIOR MALE, Kata and Kumite (over 18 years old only)**

**156. MASTERS - SENIOR FEMALE, Kata and Kumite (over 18 years old only)**

## **KUMITE TEAMS**

Limit of participation: 2 teams per country in each team kumite category.

**Kumite rules for teams:** Ippon Shobu (2 waza-ari or 1 Ippon) for all categories.

**CADET TEAMS (Minicadets + Cadets) 12 – 15 years, each match 1 minute 30 seconds**

**157. Cadets male - 57 kg (3 + 1 reserve)**

**158. Cadets male + 57 kg (3 + 1 reserve)**

**159. Cadets female open (3 + 1 reserve)**

**160. Cadets mixed open (3 male & 2 female + 1 male and 1 female reserves)**

**JUNIORS TEAMS (Juniors + Youths) 16 – 20 years, each match 2 minutes**

**161. Juniors male open (3 + 1 reserve)**

**162. Juniors female open (3 + 1 reserve)**

**163. Juniors mixed open (3 male & 2 female + 1 male and 1 female reserves)**

**SENIORS over 21 years, each match 2 minutes**

**164. Senior male open (3 + 1 reserve)**

**165. Senior female open (3 + 1 reserve)**

**166. Senior mixed open (3 male & 2 female + 1 male and 1 female reserves)**

**VETERANS (over 36 years) Each match 2 minutes**

**167. Veteran male open (3 + 1 reserve) – Only veterans are allowed to participate (No seniors)**