



SHOTOKAN KARATE-DO *of* UNITED NATIONS

SKDUN European & World Karate Cup

Open to all grades, no limit of participants per country in any category.

General Competition Rules <https://www.skdun.org/rule-book/>

CATEGORIES and category rules for kyu grades (9th to 4th kyu)

KATA: Elimination rounds by flag system (kohaku hoshiki). **Kata chosen by referee.** Two competitors at the same time, AKA & SHIRO. The competitors in each category will compete in elimination rounds down to 4 competitors who will compete for their medal place in the final round.

Final round will be judged by point system (tensu hoshiki), the competitors will perform Tokui kata (their choice from the approved list in the Rule book).

Kata category with more than 32 entries will be divided into two smaller categories. Category with fewer than 6 competitors will be joined with the next appropriate category; any new categories will be announced after the end of the registration.

Example:

- 001A - Male 9th kyu
- 001B - Male 8th kyu
- 001C - Male 7th kyu

KATA INDIVIDUAL

CHILDREN 7 – 9 years

001. Male 9th – 7th kyu 002. Male 6th– 4th kyu 003. Female 9th – 7th kyu 004. Female 6th– 4th kyu

CHILDREN 10 – 11 years

005. Male 9th– 7th kyu. 006. Male 6th – 4th kyu 007. Female 9th – 7th kyu 008. Female 6th – 4th kyu

MINICADET 12 – 13 years

009. Male 9th – 7th kyu 010. Male 6th – 4th kyu 011. Female 9th – 7th kyu 012. Female 6th – 4th kyu

CADET 14 – 15 years



013. Male 9th – 7th kyu 014. Male 6th – 4th kyu 015. Female 9th – 7th kyu 016. Female 6th – 4th kyu
JUNIOR 16 – 17 years

017. Male 9th – 7th kyu 018. Male 6th– 4th kyu 019. Female 9th– 7th kyu 020. Female 6th – 4th kyu

SENIOR 18 – 30 years

021. Male 9th – 7th kyu 022. Male 6th – 4th kyu 023. Female 9th – 7th kyu 024. Female 6th – 4th kyu

VETERAN 31 years +

025. Male 9th – 7th kyu 026. Male 6th – 4th kyu 027. Female 9th – 7th kyu 028. Female 6th – 4th kyu

Kata selection for 9th to 7th kyu:

Elimination rounds – referee will select from Shitei kata: **Taikyoku Shodan and Heian Shodan.**

*For 9 kyu categories - just **Taikyoku Shodan**

Final round – competitors will select from Tokui kata: **Taikyoku Shodan, Heian Shodan, Heian Nidan and Heian Sandan.**

In the case of a draw, competitors may repeat the kata.

Kata selection for 6th to 4th kyu:

Elimination rounds – referee will select from Shitei kata: **Heian Shodan, Heian Nidan and Heian Sandan.**

Final round – competitors will select from Tokui kata: **all Heian kata plus Tekki Shodan.**

In the case of a draw, competitors must perform a different kata.

DUO TEAM KATA (2-person team)

All elimination rounds by flag system (kohaku hoshiki). Both teams line up. AKA team performs their kata first, then SHIRO team. At the end, AKA team is invited to shiai-jo and Hantei is called. The winning team goes through to the next round.

The final 4 teams will perform and will be judged individually by Tensu Hoshiki (point system). **Minimum number of teams per category is 4.** In case of fewer teams in the category, the categories may be merged.



Kata selection for 9th to 7th kyu teams:

Elimination rounds – teams select from Tokui kata: **Taikyoku Shodan, Heian Shodan, Heian Nidan and Heian Sandan.**

Final round – **Taikyoku Shodan, Heian Shodan, Heian Nidan and Heian Sandan**; they may repeat the kata from the previous round(s).

In case of a draw, teams may perform the same kata.

Kata selection for 6th to 4th kyu teams:

Elimination rounds – teams select from Tokui kata: **all Heian kata plus Tekki Shodan.**

Final round – teams select from Tokui kata: **all Heian kata plus Tekki Shodan**; they may repeat kata from the previous round(s).

In case of a draw, teams must perform a different kata than in the previous rounds.

The two members of the team must be from the same age and kyu grade group.

Note: Equivalent kyu grades. The colour of the belt has not been used because of the differences between countries/association. The kyu grade levels are in descending order, i.e. the highest number is the lowest grade. For clarification on kata choice requirements for each kyu grade, please refer to the Rule book or contact the Technical Director and Chief Referee (colin.putt@skdun.org).

DUO KATA TEAM CHILDREN 7 – 9 years

- | | | |
|--|--|---|
| 029. Male 9th – 7th kyu | 030. Female 9th – 7th kyu | 031. Mixed 9th – 7th kyu |
| 032. Male 6th – 4th kyu | 033. Female 6th – 4th kyu | 034. Mixed 6th – 4th kyu |

DUO KATA TEAM CHILDREN 10 – 11 years

- | | | |
|--|--|---|
| 035. Male 9th – 7th kyu | 036. Female 9th – 7th kyu | 037. Mixed 9th – 7th kyu |
| 038. Male 6th – 4th kyu | 039. Female 6th – 4th kyu | 040. Mixed 6th – 4th kyu |

DUO KATA TEAM MINICADET 12 – 13 years



041. Male 9th – 7th kyu

042. Female 9th – 7th kyu

043. Mixed 9th – 7th kyu

044. Male 6th – 4th kyu

045. Female 6th – 4th kyu

046. Mixed 6th – 4th kyu

DUO KATA TEAM CADET 14 –15 years

047. Male 9th – 7th kyu

048. Female 9th – 7th kyu

049. Mixed 9th – 7th kyu

050. Male 6th – 4th kyu

051. Female 6th – 4th kyu

052. Mixed 6th – 4th kyu

DUO KATA TEAM SENIORS 16 years +

053. Male 9th – 7th kyu

054. Female 9th – 7th kyu

055. Mixed 9th – 7th kyu

056. Male 6th – 4th kyu

057. Female 6th – 4th kyu

058. Mixed 6th – 4th kyu

KUMITE INDIVIDUAL

KUMITE: sanbon kumite (three-step sparring and kihon ippon kumite (one step sparring) will be judged by 2 Fukushin and 1 Shushin using flag system (aka/shiro, majority vote).

SANBON KUMITE (three step sparring) 9th - 4th kyu (under 12 years old)

Tori attacks Jodan oi-zuki + Chudan oi-zuki + Mae-geri chudan.

Uke blocks Jodan age uke + Chudan soto uke + Gedan barai, Gyaku zuki counter attack.

Detailed description and criteria for judgement of Sanbon kumite can be found in the SKDUN Rulebook <http://www.skdun.org/competition-rules/rulebook/> and guidance demonstration on SKDUN YouTube channel <https://www.youtube.com/watch?v=oYqJmFA3X4o>

KIHON IPPON KUMITE 9th - 7th kyu

Tori attacks Jodan, oi-zuki, Chudan oi-zuki, Mae-geri chudan.

Uke blocks Jodan age uke + Chudan soto uke + Gedan barai, Gyaku zuki counter attack.



Detailed description and criteria for judgement of Kihon Ippon kumite can be found in the SKDUN Rulebook <http://www.skdun.org/competition-rules/rulebook/> and guidance demonstration on SKDUN YouTube channel <https://www.youtube.com/watch?v=xWL4AHuqSd4&t=283s> part 1 and part 2 <https://www.youtube.com/watch?v=rqyY-2POFtg>

KIHON IPPON KUMITE 6th– 4th kyu

Tori attacks Jodan oi-zuki, Chudan oi-zuki, Mae-geri chudan, Yoko-geri kekomi chudan and Mawashi-geri Jodan or Chudan (target area stated prior to the attack).

Uke blocks with any appropriate block and counter (**not** gyaku-zuki!).

<http://www.skdun.org/competition-rules/rulebook/> + and guidance demonstration on SKDUN you tube channel.

Kumite category with more than 32 entries will be divided into two smaller categories. Category with fewer than 8 competitors will be joined with the next appropriate category; any new categories will be announced after the end of the registration.

Example for Kihon Ippon Kumite:

- 065A - Male 9th kyu
- 065B - Male 8th kyu
- 065C - Male 7th kyu

JIYU KUMITE (Ippon Shobu kumite), (2 waza-ari or 1 Ippon), Only for 6th – 4th kyu

Duration of the match is specified for each age group.

Kumite category with more than 32 entries will be divided into two smaller categories by weight (kg). Any category with fewer than 8 competitors, 4 in Veterans categories) will be joined with the next appropriate category, any new categories will be announced after the end of the registration.

Example for Jiyu Kumite:



- 079A - Male – 40 kg
- 079B - Male – 50 kg
- 079C - Male + 50 kg

CHILDREN 7 – 9 years

CHILDREN 7 – 9 years, SANBON KUMITE

065. Male 9th – 7th kyu 066. Female 9th– 7th kyu

067. Male 6th – 4th kyu 068. Female 6th – 4th kyu

CHILDREN 7 – 9 years, KIHON IPPON KUMITE

069. Male 9th – 7th kyu 070. Female 9th – 7th kyu

071. Male 6th – 4th kyu 072. Female 6th – 4th kyu

CHILDREN 10 –11 years

CHILDREN 10 – 11 years, SANBON KUMITE, 9th – 7th kyu

073. Male 9th – 7th kyu 074. Female 9th – 7th kyu

CHILDREN 10 – 11 years, KIHON IPPON KUMITE, 9th – 7 kyu

075. Male 9th – 7th kyu 076. Female 9th – 7th kyu

CHILDREN 10 – 11 years, KIHON IPPON KUMITE, 6th – 4th kyu

077. Male 6th – 4th kyu 078. Female 6th – 4th kyu

CHILDREN 10 – 11 years, JIYU KUMITE, 6th – 4th kyu: duration 1 minute 30 seconds.

Note: students entered into this category MUST also compete in Kihon Ippon Kumite

079. Male 6th – 4th kyu 080. Female 6th – 4th kyu

MINICADETS 12 –13 years

MINICADET 12 – 13 years, SANBON KUMITE, 9th – 7th kyu

081. Male 9th – 7th kyu 082. Female 9th – 7th kyu



MINICADET 12 – 13 years, KIHON IPPON KUMITE, 9th – 7th kyu

083. Male 9th – 7th kyu **084. Female 9th – 7th kyu**

MINICADET 12 – 13 years, KIHON IPPON KUMITE. 6th – 4th kyu

085. Male 6th – 4th kyu **086. Female 6th – 4th kyu**

MINICADET 12 – 13 years, JIYU KUMITE, 6th – 4th kyu: duration 1 minute 30 seconds.

Note: students entered into this category MUST also compete in Kihon Ippon Kumite

087. Male 6th – 4th kyu **088. Female 6th – 4th kyu**

CADETS 14 –15 years

CADET 14 – 15 years, SANBON KUMITE, 9th – 7th kyu

089. Male 9th – 7th kyu **090. Female 9th – 7th kyu**

CADET 14 – 15 years, KIHON IPPON KUMITE, 9th – 7th kyu

091. Male 9th – 7th kyu **092. Female 9th – 7th kyu**

CADET 14 – 15 years, KIHON IPPON KUMITE, 6th – 4th kyu

093. Male 6th – 4th kyu **094. Female 6th – 4th kyu**

CADET 14 – 15 years, JIYU KUMITE, 6th – 4th kyu: duration 2 minutes.

Note: students entered into this category MUST also compete in Kihon Ippon Kumite.

095. Male 6th – 4th kyu **096. Female 6th – 4th kyu**

JUNIORS 16 – 17 years

JUNIOR 16 – 17 years, SANBON KUMITE, 9th – 7th kyu

097. Male 9th – 7th kyu **098. Female 9th – 7th kyu**

JUNIOR 16 – 17 years, KIHON IPPON KUMITE, 9th – 7th kyu

099. Male 9th – 7th kyu **100. Female 9th – 7th kyu**

JUNIOR 16 – 17 years, KIHON IPPON KUMITE, 6th – 4th kyu

101. Male 6th – 4th kyu **102. Female 6th – 4th kyu**

JUNIOR 16 – 17 years, JIYU KUMITE, 6th – 4th kyu: duration 2 minutes

Note: students entered into this category MUST also compete in Kihon Ippon Kumite

103 Male 6th – 4th kyu **104. Female 6th – 4th kyu**



SENIORS 18 – 30 years

SENIOR 18 – 30 years, SANBON KUMITE, 9th – 7th kyu

105. Male 9th – 7th kyu **106. Female 9th – 7th kyu**

SENIOR 18 – 30 years, KIHON IPPON KUMITE, 9th – 7th kyu

107. Male 9th – 7th kyu **108. Female 9th – 7th kyu**

SENIOR 18 – 30 years, KIHON IPPON KUMITE, 6th – 4th kyu

109. Male 6th – 4th kyu **110. Female 6th – 4th kyu**

SENIOR 18 – 30 years, JIYU KUMITE, 6th – 4th kyu: duration 2 minutes.

Note: students entered into this category **MUST** also compete in Kihon Ippon Kumite

111. Male 6th – 4th kyu **112. Female 6th – 4th kyu**

VETERANS 31 years + and 60 years +

VETERAN 31 years +, SANBON KUMITE, 9th – 7th kyu

113. Male 9th – 7th kyu **114. Female 9th – 7th kyu**

VETERAN 31 years +, KIHON IPPON KUMITE, 9th – 7th kyu

115. Male 9th – 7th kyu **116. Female 9th – 7th kyu**

VETERAN 31 years +, KIHON IPPON KUMITE, 6th – 4th kyu

117. Male 6th – 4th kyu **118. Female 6th – 4th kyu.**

VETERAN 31 years +, JIYU KUMITE, 6th – 4th kyu: 2 minutes.

Note: students entered into this category **MUST** also compete in Kihon Ippon Kumite

119. Male 6th – 4th kyu **120. Female 6th – 4th kyu**

VETERAN 60 years +, JIYU KUMITE, 6th – 4th kyu: 2 minutes.

Note: students entered into this category **MUST** also compete in Kihon Ippon Kumite

121. Male 6th – 4th kyu **122. Female 6th – 4th kyu**



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General Competition Rules <https://www.skdun.org/rule-book/>

CATEGORIES and category rules for kyu grades (3rd kyu to dan grade)

No limit of participants per country in any category.

The priority for brown and black belts is participation in the European/World Championships. Country can only enter competitors in the European/World Cup if they have two entries in the respective European/World championships category.

NOTE: A brown or black belt cannot participate in both competitions in individual events, but can be a member of a team in kumite/kata Championship events.

KATA INDIVIDUAL

KATA: All rounds by points system (Tensu hoshiki).

The competitors in each category will compete in the elimination rounds down to 8 competitors (semi-final round), then down to 4 (final round).

Two competitors at the same time in elimination rounds, AKA / SHIRO.

In the case of a draw in the semi-final and final rounds, competitors must perform a different kata to the ones performed in all previous rounds.

Kata selection:

Elimination rounds – referee will select from Shitei kata: **all Heian kata and Tekki Shodan**

Semi-final round – competitors will select from Tokui kata: **Heian Godan, Tekki Shodan, Bassai Dai, Kanku Dai, Jion, Empi, Hangetsu.**

Final round - the competitors can perform any of the 26 kata in the SKDUN Shotokan syllabus except any kata that has been performed in the elimination rounds and semi-final.



- 123. MINICADETS, 11 – 13 years male, 3 Kyu – Dan grades.**
- 124. MINICADETS, 11 – 13 years female, 3 Kyu – Dan grades.**
- 125. CADETS, 14 – 15 years male, 3 Kyu – Dan grades.**
- 126. CADETS, 14 – 15 years female, 3 Kyu – Dan grades.**
- 127. JUNIORS, 16 – 17 years male, 3 Kyu – Dan grades.**
- 128. JUNIORS, 16 – 17 years, female, 3 Kyu – Dan grades.**
- 129. YOUTHS, 18 – 20 years, male, 3 Kyu – Dan grades.**
- 120. YOUTHS, 18 – 20 years, female, 3 Kyu – Dan grades.**
- 131. SENIORS, Over 21 years male, 3 Kyu – Dan grades.**
- 132. SENIORS, Over 21 years female, 3 Kyu – Dan grades.**

Any category with fewer than 6 competitors will be joined with the next appropriate category; any new categories will be announced after the end of the registration.

KUMITE INDIVIDUAL: IPPON SHOBU and SANBON SHOBU

- 133. MINICADETS, 11 – 13 years male, kumite individual ippon shobu**
- 134. MINICADETS, 11 – 13 years male, kumite individual sanbon shobu**
- 135. MINICADETS, 11 – 13 years female, kumite individual ippon shobu**
- 136. MINICADETS, 11 – 13 years female, kumite individual sanbon shobu**
- 137. CADETS, 14 – 15 years male, kumite individual ippon shobu**
- 138. CADETS, 14 – 15 years male, kumite individual sanbon shobu**
- 139. CADETS, 14 – 15 years female, kumite individual ippon shobu**
- 140. CADETS, 14 – 15 years female, kumite individual sanbon shobu**
- 141. JUNIORS, 16 – 17 years male, kumite individual ippon shobu**
- 142. JUNIORS, 16 – 17 years male, kumite individual sanbon shobu**
- 143. JUNIORS, 16 – 17 years female, kumite individual ippon shobu**
- 144. JUNIORS, 16 – 17 years female, kumite individual sanbon shobu**



- 145. YOUTHS, 18 – 20 years male, kumite individual ippon shobu**
- 146. YOUTHS, 18 – 20 years male, kumite individual sanbon shobu**
- 147. YOUTHS, 18 – 20 years female, kumite individual ippon shobu**
- 148. YOUTHS, 18 – 20 years female, kumite individual sanbon shobu**
- 149. SENIORS, over 21 years male, kumite individual ippon shobu**
- 150. SENIORS, over 21 years male, kumite individual sanbon shobu**
- 151. SENIORS, over 21 years female, kumite individual ippon shobu**
- 152. SENIORS, over 21 years female, kumite individual sanbon shobu**

Duration of the match is 2 minutes.

Kumite category with more than 32 entries will be divided into two smaller categories by weight (kg). Any category with fewer than 8 competitors will be joined with the next appropriate category, any new categories will be announced after the end of the registration.